

ASSEMBLYMAN TOM LACKEY HOSTS A WOMEN'S SAFETY & SELF-DEFENSE WORKSHOP



You never know when you may find yourself in a threatening situation. Attend this course for a hands-on demonstration of helpful defense moves and learn about laws that impact women's safety.

Wednesday, May 13, 2015 | 3:30PM – 6:00PM

Lancaster City Park, Stanley Kleiner Activity Center

43063 North 10th Street West, Lancaster, CA 93534

This workshop is open to women and girls of all ages.
For safety reasons, please do not attend if you are pregnant or have back problems.

Guest Instructors:

Detective Smith, Los Angeles County Sheriff's Dept.
Mary Reina, MSN, Director of Antelope Valley Hospital's Forensic Services Unit

For more Information or to **RSVP** please email assemblymember.lackey@assembly.ca.gov
or call the District Office at **(661) 267-7636**.

